saunum





A relaxing sauna and spa in your home garden

saunum saunas

Turnkey sauna solutions are designed for the modern sauna enthusiast, who appreciates both design and well-being, and wants to enjoy a modern sauna at its best. The skilful work of sauna masters, high-quality materials, functional Nordic design, and state-of-the-art sauna technology ensure a unique relaxing sauna and spa experience.



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In a Saunum sauna, you can enjoy a completely new steam experience and a relaxing five-in-one home spa solution. The mild steam mixed with soft, oxygen-rich air makes breathing easier. Relax in the classic steam sauna or enjoy the salt-ion sauna, mild steam-rich sauna, sanarium, or aroma sauna.

With the Leil control unit, it is very easy to control the heater and the sauna climate device – you can heat the sauna and adjust the climate with just a few taps directly from the touch screen or from your smart device. In any case, the sauna with a Nordic design is an elegant gem in your home garden.



Sauna 1

Minimalist appearance, relaxing interior





External dimensions (depth x width x height)	240x280x248 cm
Capacity standard I-shaped stage	4 – 5 people
Capacity optional L-shaped stage	4 – 5 people

The pictures are illustrative! Wood is a living material, and each board is unique.



Sauna 2 **Modern design, modern features**





External dimensions (depth x width x height)	240x280x248 cm
Capacity standard I-shaped stage	4 – 5 people
Capacity optional L-shaped stage	4 – 5 people

The pictures are illustrative! Wood is a living material, and each board is unique.



Sauna 3 Sauna and home spa with terrace





External dimensions (depth x width x height)	280x240x248 cm
Capacity standard I-shaped stage	3 – 4 people
Capacity optional L-shaped stage	3 – 4 people

The pictures are illustrative! Wood is a living material, and each board is unique.



Standard

Exterior finish	Black
Glass	Clear
Interior finish	Alder
Bench, backrest	I-shaped
Floor grate	Alder
Front	Windows and door with wooden frames (colour: light oak)
Door handle	Natural oak / stainless steel
Lighting	LED strips behind the backrest (up/down) and under the benches
Base beams	Impregnated wood
Weight	≈ 2500 kg

Extras

Exterior finish	Anthracite, light grey
Glass	Grey, bronze
Interior finish	Thermo-treated aspen
Floor grate	Thermo-treated aspen
Bench, backrest	L-shaped
Lighting	Dimmable
Sound	Multimedia player + 2 speakers
Windows	Can be added to the back wall or side wall
Heater (heater stone basket)	Saunum Primary (open or closed)
Control unit	Saunum Leil or Saunum Leil Mobile
For the aroma sauna	A set of Saunum sauna oils

Exterior finish

Interior finish

Glass







How do Saunum's heater and climate device work?

Saunum's patented air-mixing system traps the scorching steam, that rises under the ceiling of the sauna room, mixes it with cooler air on the floor surface, and directs the soft steam back evenly. This ensures a more even temperature of the steam, and the oxygen-enriched steam makes it easier to breathe. Water can be thrown more often to produce more steam, making the sauna air more humid, and ensuring more intense sweat.

With a patented method of enriching the air with salt ions; the salt ions, from the Himalayan salt balls, added to the sauna climate device are emitted into the circulating air to reach the skin and respiratory tract.

An even more relaxing sauna experience is created with the help of the aroma system, which mixes sauna oil aromas with the steam. It is a healthy alternative to burning aromatic oil on stove stones.





Relaxing sauna and home spa

Try different settings and steam intensities and add your favourites to the selection of steam types on the control unit.



Classic Nordic steam sauna Temperature 60–100 °C Speed level 1 of the climate device The valve of the climate device is 25% open



Humid steam-rich sauna

Temperature 45–60 °C. Speed level 2 of the climate device The valve of the climate device is 100% open The lower the temperature, the more open the valve and the higher the speed of the climate device, the more steam is generated when throwing water on a heater.



The mild sanarium

Temperature 40–55 °C Speed level 1 of the climate device If you prefer a humid, steam-rich sanarium, keep the valve of the climate device at least 25% open.



Sauna enriched with salt ions Temperature 40–100 °C. Speed level 1 of the climate device The valve of the climate device is 25% open The salt balls added to the climate device work at any temperature, if the sauna climate device is switched on.



Relaxing aroma sauna Temperature 40–90 °C Speed level 1 of the climate device The valve of the climate device is 25% open Add some Saunum gromg oil to the saung

Add some Saunum aroma oil to the sauna device and enjoy!



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